

7.2 Details of Best Practices

1. Title of the Practice:

Women empowerment through employment and entrepreneurship

Motto: Swavlamban / Skills for Self Sustenance

Objectives of Practice:

- To make industry specific training available to students
- To invite reputed companies for training and campus recruitment
- To make entrepreneurship training available to students
- To organize short term certificate courses for imparting different skills.

The Context:

Our college is situated in the capital city of Gujarat, though; almost 60% of girls come from the rural areas. Many of them come from socially and economically deprived class of the society. The profile of our students makes it essential for us to make them economically independent, by providing either industry-specific training or entrepreneurship training.

The Practice:

The Career Counselling and Placement Cell-Udisha and the Entrepreneurship Development Cell of the college offers need-based industry specific training and short term certificate courses of skill development so that students of rural areas can earn on their own by getting a proper job or by getting quick means of earning by employing these skills, thereby they become self-sufficient and financially independent

The college works at two levels in this area.

1. The external agencies are invited to conduct industry specific training to our students.
2. The entrepreneurship development cell organises short term certificate courses to impart skills, which are important to make students ready for self-employment.

Evidence of Success:

1. Industry Specific and placement training Programmes organized during this year.

- Our past student Ms. Harshida Patel conducted a session on Career Counseling for the present students on 16/6/2018. 65 students participated.
 - Orientation programme held by JBS Company to provide information on the functioning of Logistic Department Work on 20/7/2018. 291 students participated
 - UDISHA Finishing School Batch I was inaugurated on 20/8/2018. 41 students participated for 50 hours training programme. Trainer Ms. Sudha Shah.
 - UDISHA Finishing School Batch II was conducted between Dec 18 and 28 Dec, 2018 and 34 students participated in it.
 - A training programme was held for students of Psychology to train them in Testing and Analysis from 4/9/2018 to 12/9/2018. After the programme students went to 11 schools of nearby villages to get the questionnaire filled and the conclusions of it was presented in the research paper form during national seminar conducted by Gujarat University. 10 students participated.No. of students benefitted: 676.
2. The following Entrepreneurship Training Programmes organized during this year.
- The college runs Centre for Entrepreneurship and Skill Development to train girl students in financial self-dependence. This Centre runs Certificate Course in Beautification and Aesthetics.
 - This year Certificate Course in Beautification and Aesthetics was held from 8 August, 2018 onwards.
 - A lecture by Mrs. DaxabenYagnik, Proprietor, Sapt Rang Packages, on Women Entrepreneurship on 15/09/2018

Problems Encountered and Resources Required:

- There is a possibility of getting the routine study schedule disturbed, hence utmost care is needed while planning such programs. The university does not give any credit to students for such activities.
- More number of teachers are required to monitor such activities.
- It is difficult at times to find properly trained experts for certain skills of orientation.

2. Title of the Practice:

Women empowerment through health and hygiene awareness programmes.

The Vision of our college is to attain social upliftment by empowering women through value-based education. One of the values of human life is to take utmost care of one's health and hygiene.

Motto: '*Aarogyamparambhagam!*' Health is wealth

Objectives of Practice:

- To make students aware of the importance of their personal health and hygiene and also the neighbourhood community through an effective physical fitness initiative.
- To invite experts from the medical field from outside to recommend necessary nutrients to meet the needs of physical and mental wellbeing of students.
- To hold medical check-up programmes
- To arrange programmes of cleanliness awareness in the adopted villages

The Context:

In the present age, there has been a threat to the physical and mental health of people due to different life styles of people. Since ours is a women's college, we have felt it necessary to empower girls by holding programmes of health and hygiene awareness. The college has Collegiate Women Development Committee, (CWDC) the Health Centre and the NSS unit which look after such activities all through the year.

The Practice:

The students commute from the rural areas to our college is up to 60%. There is a need to train them to take utmost care of their health and hygiene.

The CWDC, the Health Centre and the NSS unit organize lectures, workshops and training for the students of the college as well as for women of the adopted villages. They are also learning lessons of cleanliness during various programmes held by the college.

The sports and infrastructural facilities of the college are available to the students and their staff for the physical well-being.

NCC parades are organised in our college ground which provide the cadets training for self-discipline.

The health center organises the physical check- up programmes for all students every year.

Evidence of Success:

- Programmes conducted by CWDC:

(1) Modern Women and their Challenges on 25/08/2018 and 98 students got benefitted.

(2) Gynaecological Problems of Women and their Solution on 06/02/2019 and 700 students got benefitted.

- Programmes conducted by the Health Centre:

Medical check-up for first year students on 11, 12, 13 Jan. 2019.

- Programmes conducted by the NSS unit:

(1) 6/8/2018: Students were taken to the adopted village Pratap Nagar in which they went door-to-door to bring awareness of cleanliness.

(2) 21/8/2018: NSS volunteers visited adopted village Pratap Nagar and put banners on cleanliness.

- The college participated in the Institutional Swachchata Ranking held by All India Survey on Higher Education, Ministry of Human Resource Development, Government of India.
- 2 to 5/08/2018: A three-day programme on 'SwachchhataAbhiyaan' was held in which all the volunteers of NSS cleaned the college, the campus and the surrounding areas of campus. A rally was held to bring awareness about cleanliness among people.
- Blood Donation Camp was organised On 1st Feb. 2019 and 63 students donated blood.
- Annual Rural Camp was arranged between 3rd and 9th January, 2019. During which certain programmes health awareness were organised.
- Cleanliness campaign Week was celebrated from 1st August to 15th August, 2018.
- The Rally for Cleanliness Awareness was organised on 14th August, 2018.
- NCC parades were organised on every Monday.

Problems Encountered and Resources Required:

- Additional resources can strengthen the activity.
- Additional staff is needed for smooth and intensive organisation such activities.
- Constraint of time schedule hinders our activities.