



Sarva Vidyalaya Kelavani Mandal managed

## UMA ARTS AND NATHIBA COMMERCE MAHILA COLLEGE

Sarva Vidyalaya Campus, Sector - 23, Gandhinagar – 382023

(Estd. in 1991, Affiliated with Gujarat University - College Code 191 – AISHE Code C-5881)

NAAC (Cycle-3) 'A' Grade - 3.32 CGPA --College with Potential for Excellence Phase-II

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SINCE 1919

7.2.1 Two best practices of the institution.

1. **Title of the Practice:** Women Empowerment through Employment and Entrepreneurship

Motto: **Swavlamban / Skills for Self-Sustenance.**

### **Objectives of the practice:**

To organize workshops and short-term certificate courses for imparting different skills.

To organise industry visits and to provide industry specific training to students

To invite experts, reputed companies and agencies for training for job placement and campus recruitment

To make entrepreneurship and related skills training available to students

**Context:** Uma Arts and Nathiba Commerce Mahila College is though situated in the capital city of Gujarat - around 70% of girls come from the rural areas and many of them come from socially and economically underprivileged classes of the society. Many of them are first generation learners. This profile of our students makes it crucial for us to make them economically independent by providing industry-specific and entrepreneurship training and guidance for competitive examinations and the skills necessary to begin their own small-scale business from their home. Thus, the emphasis is on career, entrepreneurship and job-oriented skill development. Our college has established an Entrepreneurship and Skill Development Centre to help and motivate students to incline them towards self-employment, and to organise training programs and workshops related to various aspects of entrepreneurship. The Career Counselling and Placement Cell - UDISHA and the Entrepreneurship Development Cell and Finishing School and Job Placement Cell, SSIP, Innovation Club of the college offer and organise need-based industry specific training and Soft Skills training and short-term certificate courses of skill development so that students of rural areas can earn on their own by getting a proper job or by getting means of earning by employing these skills, so that they become self-sufficient and economically independent.

### **The Practice:**

The college works at two levels in this area.

- 1) The external agencies are invited to conduct industry specific training, soft skills, communication skills to our students.
- 2) The Career counselling cell, Job Placement Cell and Entrepreneurship Development Cell organises short term add-on certificate courses and workshops. The curricula for courses are

designed as per the guidance of experts to impart skills which are important to make students ready for self-employment.

#### List of Activities

27.7.21	Admission Committee	Orientation for FY, 9.00 to 11.00 Sanskar Hall
2.8.21 to 10.8.21	Prof. Falguniben Patel	National Webinar on NEP – 2020
4.8.21	Psychology Dept.	Visit to Children Uni., Gandhinagar (2 Faculties + 28 Students)
6.8.21	Job Placement Committee	Rojagar Bharati Melo, CM Presence (31 Students Participated & 4 job Letters Offered)
13.8.21	Gujarati Dept. Sem.3-5 Students	Online Guest lecture/Career Counselling by Dr. Sanjay Patel of Children Uni.
25.8.21	All Lecturers participated	Webinar on National Education Policy - 2020, Organized under MoU
27.8.21	Finishing School	Finishing School (44 Students Participated)
13.9.21 to 18.9.21	Commerce and Economics Dept	Co-operation week 2021 (81 Students) Guest – Mrs. Vasantiben Patel (With Visit of Madhur Dairy, GND)
14.9.21	Job Placement Committee	Anubandham Portal Registration (60 Students Participated)
18.9.21	Career Counselling	Govt. Exam Awareness Session by ZOOM (2 pm to 3 pm) organized by SSB institute.
25.9.21	Dept. of Commerce & Dept. of Economics	Industrial Visit, Madhur Dairy, 81 Students Participated
13.10.21	Geography	Lecture on General knowledge (93 Students Participated)
14.10.21	Psychology Dept.	Workshop of Making Deewali Diya (From Best from Waste) (8 to 11)
25.10.21	MOU	Webinar on NEP-2020 (on ABC) Jointly organized by Mansa College
31.10.21	Geography	Lecture on GK for Competition Exam.
27.11.21 to 31.3.2022	Skill Development Course	Pradhan Mantri Kaushalya Yojana (Junior Software Developer Course) Batch Time 12.00 to 4.00 SSV Campus, registered Student – 80, Appeared in Exam – 30, Result Pending.
13.12.21	IQAC	Seminar on ABC of NEP (8 to 10.30) (140 Students Participated) by Dr. Pranav Joshipura
13.12.21	IQAC	Students' work-shop on ICT by Dr. Haritbhai Patel (8 to 10.30) (137 Students)
16.12.21	Dr. Mayuriben	E-resources Workshop, Staff Room, 11.30
18.12.21	IQAC	Students work-shop on ICT by Prof. Bharatbhai Kalariya (8.30 to 10.00) (77 Students)
18.12.21	IQAC	Students work-shop on ICT by (1) Prof. Tejas Shah (10 to 11) & (2) Dr. Manubhai Parmar (11 to 12) (72 Students)
18.12.21	IQAC	Seminar on ABC of NEP (10 to 12) (72 Students Participated) Pranav Joshipura
28.12.21	Psychology Dept.	Research Methodology WorkShop conducted by Alumni Students, 1. Ami Desai, 2. Shikari Monika, 3. Nisha Chauhan. Room no. 18 (8 to 12) For

		Student of Psychology, TYBA (35 Students)
2.1.22	NSS	Vikas Vartul Trust, Bhavanagar, GK – 22-23,
3.1.22	Psychology Dept.	Students' Workshop on Research Methodology, for Students of Geo, Eco, Socio & History. Room no.- 2, 08.00 to 11.00, Topics- How to Prepare Research Proposal, Apply for Research Grant, Structure of Ph.D. Theses & Research Proposal.
2.2.22	IQAC	Students work-shop on ICT, conducted by Dr. Haritbhai Patel. (FYBA – 18 Students)
7.2.22	Carrier Counselling Committee	Student Carrier Counselling, B.Ed. Faculty-Dr. Devang Mehta, (TYBA English Student-16) (B.Ed. & Carrier in Teaching) (8.40 to 9.35)
7.2.22	Carrier Counselling Committee	Student Carrier Counselling, B.Ed. Faculty-Dr. Devang Mehta, (TYBA General English Student-45) (B.Ed. & Carrier opportunity) (9.40 to 10.25)
10.2.22	Psychology Dept.	Competitive Exam Preparation (9.40 to 10.25 – Speaker – Dr. Ritaben Gandhi) (TYBA)
19.2.22	Career Counselling Payalben	Career Council MSW Course, At-Shree Khimaji Vishram Hall (All student) Lecturer –Prof. ILESH DHAREK (8.40 to 9.35)
19.2.22	Career Counselling Payalben	Competitive Exam and Guidance, At-Shree Khimaji Vishram Hall (All student) Lecturers – Mr. Shubhankar Mishra & Ms. Krupali Dodiya(9.40 to 10.35)
19.2.22	Dept. of Sanskrit	Exam – Sanskrit Gaurav Exam (Dr. Mukeshbhai Gor)
25.3.22	Career Guidance	Foreign Study & Employment Guidance Seminar Jointly Organize by UANC & District employment Office, A'bad & G'Nagar, (Hetalben-Payalben)
26.3.22	Career Counselling	Lecture on Competition Exam 9 onwards
29.3.22	Dr. Pranav Joshipura	English for Commercial and Business Purpose, Time – 7.40 to 9.00, 13 Students
30.3.22	Dr. Pranav Joshipura	English for Translation Purposes, Time – 7.40 to 9.00, 9 Students
31.3.22	Dr. Pranav Joshipura	English is foreign Language, Time – 7.40 to 9.00, 13 Students
1.4.22	Dr. Pranav Joshipura	ESP: English for specific purpose, time 7.40 to 9.00, 9-students
4.4.22	Dr. Pranav Joshipura	ELT, time 7.40 to 9.00, 8-students
5.4.22	Dr. Pranav Joshipura	ELT, time 7.40 to 9.00, 4-students
19.4.20	Dr. Mita R.Shah	Language skill of Competition Examination. Expert- Dr. Mita R. Shah, time 8 to 9, 97-Students

#### Evidence of success:

With the best efforts of Career Counselling and Job Placement Cell and recommendation by the college, four students are placed during Job Placement Fair organised by Gujarat Govt, three students were selected in small scale companies, one student was appointed as a visiting lecturer in C M Patel Nursing College, and Pratiksha Devmorari is selected as Class II Lecturer in Govt. College, Visnagar. Our alumni Mittal Prajapati is appointed as a temporary clerk in out college.

Three students of Psychology department namely Monika Shikari, Nisha Chauhan, and Rinal Parmar have cleared Ph.D. entrance exam of Children University and enrolled as Ph.D. scholars in it and they received scholarships also. Two of our Alumni have passed GSET this year too.

### **Problems Encountered and Resources Required:**

- Lack of motivation and thrust of getting skills required for placement
- Utmost care is needed while planning such programs as there is a possibility of getting the routine study schedule disturbed.
- Most of our students hail from rural areas and socially and economically deprived sections of the society. Very often their parents do not allow them to work in private company and industries. Students have desire for jobs and to start their own small business but very often lack motivation for hard work and sometimes their poor socio-economic conditions prevent them to do so. The Covid-19 pandemic also put restrictions on commutation and movement.
- In courses of Humanities, components of skill-acquisition are lacking in the prescribed curricula. Therefore, it becomes essential to start imparting the training from grass root level.

## **2. Title of the Practice: Women empowerment through Health and Hygiene Awareness Programmes**

Motto: **Aarogyam Param Bhagyam - Health is Wealth**

### **Objectives:**

- To make students aware of the importance of their personal health and hygiene and wellness.
- To invite experts from the Health and medical fields hold such programmes
- To arrange for the health check-up of all the first-year students and to provide medical counselling.
- To arrange programmes of environment awareness and cleanliness awareness the college and also in the adopted villages through extension activities.

**Context:** The Vision of our college is to attain social upliftment by empowering women through value-based education. One of the values of human life is to take utmost care of one's health and hygiene. Almost 70% of girls come from the rural areas are from poor socio-economic backgrounds and suffer from Anaemia and poor health. The college felt it necessary to empower such deprived girls by holding programmes of health and hygiene awareness. The college has Collegiate Women Development Committee and NSS unit which look after this activity all through the year. As many girls commute from nearby villages, there is a need to make them aware about the health hazards of Covid-19 and also to train them keep themselves and their family members safe. The CWDC and the NSS unit organise Lectures, workshops and training for the students of the college as well as for women of the adopted villages. During Covid 19 pandemic lockdown extreme care is taken to sanitize the premises, and college building. Thermal guns were used to check temperature of the person visiting the college, sanitization dispenser was placed, wearing of mask was made compulsory, social distancing was maintained by all the staff and students.

### **List of Activities:**

#### **Health and Hygiene**

- During Covid-19 lockdown cadets of NCC and Volunteers of NSS Unit prepared and distributed masks and by door-to-door contact in their surrounding locality and villages made people aware of the necessary precaution during Covid 19.
- Yoga Training was arranged for the faculties and the students under World Yoga Day.
- Swachhata Rally and Tree Plantation Drive was organised under Swachhata Pakhvada by the NSS unit of the college.
- The Management provided all necessary resources and special efforts have been made for cleanliness of the college building and sanitization of all places in use during the Covid 19 pandemic.
- Anyone entering the premises has been allowed to enter only after checking the temperature by thermal gun and proper sensitization.
- It has been made compulsory to wear proper mask, frequent sanitization and to maintain social distancing in college building and premises.
- Management Committee has helped the institute by providing thermal guns, masks, sanitization equipment, material etc.
- The local health and hygiene committee of the college has been in full swing to maintain cleanliness and regular sanitization of the building.
- It has been made compulsory to wear proper mask, frequent sanitization and to maintain social distancing in college building and premises.

**Evidence of success:**

- Due to effective efforts of the Management, College, NCC and NSS unit the staff and students have taken extreme care for sanitization and wearing of proper masks, and they become more aware about the health and hygiene.
- Yoga sessions have made the students and the staff more conscious about mental wellness and the importance of physical fitness.
- The scarcity of oxygen in the hospitals and the resultant deaths due to lack of oxygen, made every one conscious about the importance of trees and to protect the environment, recycling of plastic and to reduce the carbon footprint.
- Covid 19 Vaccination Survey was conducted for the staff and the students.
- Surveys have been made to know the status of Vaccination of the staff and the students.
- The college has put into practice the concept of – ‘Green Campus Plastic Free Campus’ and thus reduced the use of plastic material.
- Students are specifically instructed not to use any plastic covering or file for the submission of the assignments, projects etc and they are encouraged to use and write their assignments on the single side blank papers.

- Water taps, pipes and drainage are regularly checked to prevent any spillage and leakage of water and mended immediately.
- The college has conducted Online internal examinations and thus saved papers and thus helped to save and protect the environment.
- The college stores the documents digitally and get them photo copied only when it is very much necessary.
- For non-important documents the college also uses one side blank papers.
- The students switch off the lights, fans and any other electrical and electronic appliance when it is not in use.

**Problems Encountered and Resources Required:** There is a possibility of getting the routine study schedule disturbed, hence utmost care is needed while planning such programs.

Most of our students hail from rural areas and are from socially and economically deprived sections of the society. They faced two problems: that of having smart phones and internet connectivity. As a result, they faced difficulties in attending on-line activities. In addition to that, because of Covid-19 restrictions, there were limitations to arrange off-line activities.

5-6-21	NCC	Celebration World's Environment Day – 2021 (Tree Plantation) (Work from Home) 26 Students
16.6.21	EBSB & NSS	Tree Plantation at college campus
21.6.21	NSS & NCC	International Yoga Day (Yoga Teacher - Prof. Payalben) Ministry of Ayush: Be with Yoga Video Campaign Total-9 Cadets
3.9.21	CWDC	State Model Ayurveda College & CWDC Jointly Organized a Lecture on Health Maintenance
4.9.21	ALL Lecturers Participated	Virtual National Seminar on Gender Sensitization organized by GLS Uni., A'bad
6.9.21	CWDC Prof. Falguniben	Lecture on Dainik Din-Charya Ane Ayurveda nu Mahatva
8.9.21	CWDC, Youth Fest. Dept. & Dept. of Police, Gandhinagar	Competition of Slogan & Poster Making. On World Prevention of Suicide Day by Jivan Astha Help line of Police Dept and CWDC
9.9.21	CWDC & Jivan Aastha Help line, G'nagar	Celebration of World Suicide Prevention Day (430 Students Participated) (रेडीPresence in Rally Mr. Mayur Chavada – Dysp.) Lecture given by Prashant Bhimani & Jinal Joshi
18.9.21	NCC	HIV Prevention Organised by National Health Mission (NHM) 3 – NCC Cadets
20.9.21	Psychology Dept.	Programme of Mental Health & Hygiene (Speaker – Priyanka & Ishawari Thakor (From Jeevan Astha Helpline)
15.12.21	CWDC	Awareness Program (Panch-karma by State Model Ayurved College, Kolavada, G'Nagar), 11.30, Seminar Hall, Dr. Shital Bhagiya,

21.12.21	Sanskrit	Lecture on MORAL VALUES IN NITI-SHATAKAM, (Dr. Girish Solanki)
23.12.21	AATMA & Geography Dept.	Gau Aadharit Prakrutik Kheti (60 Students)
23.12.21	Kala-Maha Kumbh Prof. Payal Pandya	Kala-Maha Kumbh Competition online Registration
25.12.21	Sanskrit & Library	Book Exhibition on NARI-CHETANA College Library
27.12.21	NSS	Old Cloth Collection and Distribution.
4.1.22	NSS, NCC, Sports & CWDC	Corona Vaccination online Survey.756 Students.
12.1.22	NCC	National Youth Day Celebration (Essay, Slogan & Drawing Competition, Participated – 32 Cadets, Work from Home)
18.1.22	NCC, NSS & Sports Dept.	National Youth Day Celebration (Surya Namaskar) (200 Students)
1.2.22	KSV	Blood Donation Camp, Pharmacy Campus, GND. 03 students donated.
5.2.22	Dept. of Sanskrit	Vasant Panchami Mahotsava, 9.40am.
14.2.22	Dept. of Sanskrit	Sanskrit General Quiz. (199 Students Participated)
21.2.22	Dept. of Gujarati	Celebration of Mother Tongue Day.
25.2.22	Cultural Committee	Celebration of Traditional Day (57 Students)
25.2.22	Psychology Dept.	Rangoli on Women's Day (9.00 to 10.30)
26/2/2022 to 28/2/2022	Sanskrit Dept.	Visit to Arya-Samaj with Students, Gandhinagar (Sect.-24) (3 Faculties + 43 Students)
26.2.22	Cultural Committee	Celebration of Donation day. A total of Rs.7296 has been collected.
2.3.22	Payalben	Women's Day celebration
2-3 March 22	Dept. of Commerce	World Women's day. (170 Students Participated) 47 Students made PPT on world greatest women and made poster and did Mahendi and explain the importance of this day.
7.3.22 to 9.3.22	CWDC	Health Check-up for FBA (8.30 to 10.30)
8.3.22	Cultural Dept. (Day Celebration Committee)	Celebration of International Women's Day
10.3.22 to 11.3.22	CWDC	Health Check-up for F.B.Com (8.30 to 10.30)
25.3.22	NCC	Visit to Civil Hospital at Gandhinagar (7 Students + 1 ANO)
30.3.22	Dept. of Computer	Cyber Security Seminar
5.4.22	Psychology Dept.	Educational & Motivational Visit at Bapupura Primary School, Ta. -Mansa. (Students - 7)
13.4.22	Psychology Dept.	Lecture on nonviolence on Mahavir Jayanti, Delivered by Dr. Ritaben Gandhi (9.30 to 10.30)
23.4.2022	Green Club	Green Survey by Students (33 Students) Certificate Issued
25.4.22	Dept. of Sociology Dr. Diptiben Pandya Dr. Bharatbhai Tadvi	Essay Writing Competition on Mother on Mother's Day
25.4.2022	Green Club	Green Survey Certificate Issued by Nisarg Communication, GND

30.4.22	C.W.D.C &C.M. PATEL NURSING COLLEGE	Orientation programme on” Unsafe Abortion”
12.5.22	UANC College, Samarpan College & Mansa College Jointly Organized	Social online Survey, to celebrate International Family Day, Sociology Dept. of UANC & MoU Colleges. (300 Students Participated)
20.5.22	CWDC	Chiropractic Treatment Awareness Drive. (College Staff - 11 Staff members Attended)
	NCC, NSS	Corona Vaccination, Registration Drive
25.5.22	By Physiotherapy college of KSV	Chiropractic Treatment Camp was organised and 06 staff members received treatment.